SEPTEMBER 2022 TISHREI 5783 **#WEARECBI** 



# **DIUTN CHADASHOT**

CONGREGATION BETH ISRAEL'S
OUARTERLY BULLETIN



## CONGREGATION BETH ISRAEL

EST. 1920 | 5680



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CBI CONTACT INFO

## LETTER FROM THE PRESIDENT

BY JULIE HYMOVITCH

Another summer has ended, and the High Holy Days are right around the corner. Most recently, Camp Chanen and Camp Harry and Daisy Stein were thriving once again, and, overall, this past year has been nothing short of awesome.

Our Centennial Celebration began with a meaningful Shabbat under the stars at the Arizona Historical Society, which was the original building for our historic congregation. We welcomed several amazing Scholars in Residence including Cantor Barbara Ostfeld, the first female ordained



Cantor, Matti Friedman, and Sarah Hurwitz. Jason Mesches provided us with uplifting music at a beautiful Havdallah concert. Our Golf tournament, held on May 1st, was fun and a big success. Last, but, certainly not least, on October 31, the opening ceremony for our Torah Project was held.

Scottsdale's Vice Mayor Tammy Caputi as well as Congressman David Schweikert were in attendance. Rabbi Druin, our scribe, is nothing short of amazing and we are so grateful to have had the honor of working with him to bring our new Torah to fruition. I am looking forward to our dedication of our new Torah at our High Holy Day services this year and sharing it with our Kehillah Kedoshah. Our last Centennial event, our Gala, will be held in April 2023.

We are, once again, honored to hold our High Holy Day services at Pilgrim Rest Baptist Church. PRBC was beyond generous with us last you in sharing their prayer space with us and has, once again, welcomed us with opened arms into their prayer space. Indeed, on November 6th, members of CBI and Pilgrim Rest will be heading to Israel together. This is a reminder of our sacred relationship and the fact that they value the importance of these Holiest of our Holidays. It is also exciting to see that we have doubled our numbers, at the time of this publication, for our Erev Rosh Hashanah Dinner. Last year, the dinner was very special, and it was a lovely way to welcome the New Year together after such a long time of no contact due to COVID. It is my hope that more people will sign up to join us as it is a great way to be together and schmooze with other members of our CBI family.

As I personally reflect on this last year, it has certainly been filled with many challenges, both within our synagogue and personally. I look forward to the continued growth and change as we evolve with the "new normal." There are many exciting things on the horizon for our community and I look forward to sharing them all with you. As always, I am here to listen to your joys, concerns, or just to say hello. I wish you all Shanah Tova.

## LETTER FROM THE CCEO

BY ROBIN ROEDER

Dear Friends.

I hope you had a wonderful summer and were able to relax and enjoy time with family and friends. It is always good to see our friends come together in the beautiful Roth Family Chapel for Shabbat, as is our custom in the summer months. As I reflect on this past year, the year we finally got to celebrate our Congregation being 100 years, I am amazed at all the outstanding learning, gatherings, and concerts, that we celebrated together, especially as we navigated our way through these postcovid times. We cannot speak about this past year without highlighting the Centennial Torah Project and its meaningful and profound experience for over five hundred community members. We are grateful to all our donors for their support and the impact it will have on CBI for the generations to come. A special thank you to our volunteers; we could not have had such beautiful days without their hard work. I look forward to celebrating with you on Rosh Hashanah as we dedicate our beautiful new Torah and chant from it for the first time.

Our youth program is more vibrant than ever as we launch our new Hevre religious school program and make changes to our Chanen PreSchool. This past summer, our Camp Stein enrollment was the largest in many years, and in the month of June, over forty teens experienced Israel with the Big Trip. This year we sadly said goodbye to some of our longtime CBI staff and are so grateful for their strong foundation and the love they brought to CBI.

As we said farewell, we also welcomed new staff members that are bringing new ideas and energy to our programs and events.
As I look forward to 5783, I am energized and excited for the year to come. We have a wonderful year of



celebration, learning, and togetherness planned to lift our spirits and bring us closer as a community. Our new logo, which you will read about in the bulletin, encourages us to see the future with brightness and optimism. Our goal this year is to strengthen our connections and deepen our relationships with all of our CBI community. We could not do this without your generous support of the All For One fund, which enables many families' membership and scholarships. I am very grateful for your continued commitment to our historic and vibrant congregation and am humbled and honored to work on your behalf every day. If there is anything that I can do to enable your connection to CBI, please give me a call, or let's get together for a coffee.

Wishing you a year of health and happiness, and may you be inscribed in the book of life. May we continue to go from strength to strength together.

L'Shana Tova, Robin

## WELCOME NEW CBI MEMBERS

We are excited to announce our new members who have joined our congregation.

NICHOLE & MICHAEL ARKO
SUSAN & HARRIS BERGER
PAULA & JEFFREY CLEVELAND
WENDY & MICHAEL DEUTSCH
JANELLE & AARON EINFRANK
EMILY WOLKOWICZ & JAMIE GLASSER
MELISSA & RAUL GOMEZ

SUSAN & NESTOR GUZMAN
CHRISTINE & AARON KATZ
KATHY & RICHARD KLEIN
MAX MILLER
JENNIFER & JEFFREY PETRONIO
EMILY COMGEN & JACOB PIERCE

FARA & IAN RIVES
JUDITH & MICHAEL SAMUELS
LESLIE & RALPH SELIGMANN
BETH SKLAR
MARGARET SMITH
TAYLOR MALMQUIST & ADAM ZIFF

As of August 15, 2022

# RABBI STEPHEN KAHN'S MESSAGE TO OUR CBI FAMILY

MARKING THE BEGINNING OF THE YEAR 5783

Arise, my darling

My fair one, come away!

For now the winter is past,

The rains are over and gone.

The blossoms have appeared in the land...

- The Song of Songs 2:10-11

The meaning of life's transitions are so difficult to describe, let alone capture in words. Whether delivering a eulogy at the funeral of a loved one or marking the beginning of the covenant with a new baby's family, I often feel overwhelmed by the experience. Thankfully, King Solomon wrote these words nearly 3,000 years ago, capturing the essence of transition while providing us the imagery necessary in describing how we hope to realize in the coming year. He reminds us that we will inevitably face dark times in our lives, but that the rains will ultimately end and be replaced by our hopes.



This message from The Songs of Songs represents the fundamental idea of Jewish High Holy Days which are our time to mark such transitions. This year, more than ever, may we know this message as we transition away from the very long "winter" of these past few years.

For many, this will be our first Rosh Hashanah together, in person, in three years. While it is exciting to think about the power of praying together again, we know that for many of us, these past years have been painful and overwhelming. We will continue to be mindful of each other, respectful of our own ways of coping and enable everyone to pray together in safety and health.

During Rosh Hashanah, please take a moment to look around at our congregation and reflect on the teaching of King Solomon. Be mindful that your presence – our presence - both physical and spiritual, represents a significant transition. The rains will be "over and gone," and together, we will welcome a new day, a new time and a new post pandemic era.

As we contemplate the year that has passed, let us be reminded that each one of us has the power that comes from hope; that every single act we do – or as the case may be, the times we do not act – can change the trajectory of this world we share. As the new moon of Tishrei rises in the evening sky let us be reminded that this season of change from old to new - even from darkness to light - can be for a blessing if we will it to be. And may we all continue to know that through sincere prayer, repentance and charity, we can become the change we hope to see.

My family and I wish you a sweet, healthy and hope-filled year!

## INTRODUCING OUR NEW LOGO



# CONGREGATION BETH ISRAEL

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As we embark on our next one hundred years, we do so with a modern new logo representing our optimism and energy for the future while honoring our past. As a vibrant Jewish community, warmth, tradition, inclusiveness, and innovation guide us as we strive for a deeper connection to Torah, God, and Israel. As a center of Jewish life in the Valley of the Sun since 1920, we are committed to being part of its future and serving our community in significant ways.

Our new logo symbolizes the breadth and depth of our congregation and the many ways we can grow, thrive, and flourish together. Love of Judaism is the foundation of our relationship, illustrated by the bold Star of David at the logo's base.

The flame rises out of the star with vibrant colors and graceful flair as a beacon of hope and strength. The blues, which make the 'C' in CBI, represents Torah, Faith, Congregation, and Community. The red and pinks that make the 'B' in CBI represent the many lifecycles from childhood to adulthood. The red represents the mikvah, where people can immerse themselves in celebrating moments of joy, healing after times of sorrow or illness, or commemorating transitions and changes. Pink represents our early childhood program where the youngest among us, our infants, toddlers, and children, begin their Jewish journey.

The greens which form the 'I' represent our commitment to Eretz Israel -the land of Israel-and to the Jewish education of our youth as they mature to adulthood. The 'I' also embodies our beloved Camp Daisy and Harry Stein, a critical aspect of our youth program, where children develop strong Jewish identity and leadership. It reminds us of the tall pine trees swaying in the breeze, almost able to touch the sun. Lastly, the yellow dot that completes the 'I' pays homage to our home in the Valley of the Sun but also symbolizes the full circle of life and the final resting place of many of our congregational family at Beth Israel Cemetery.

Together, all these elements make Congregation Beth Israel a dynamic and exciting congregation. We hope our new logo fills you with enthusiasm and passion for CBI today and in the future.

# THE NEW HEVRE/MA'AYAN/TEEN /YOUTH PROGRAMS

BY RABBI SARA MASON-BARKIN



Smell the freshness of sliced apples and taste the sweetness of the honey.

Hear the call of the shofar.

See the words of the High Holy Day Machzor before you,

And feel how melodies and prayers move you into the year ahead.



This time of year is designed to engage all of our senses. It is a full body experience that begins with shared meals and continues with a deliberate fast. We feel both the fullness of anticipation and the hunger of our hopes. This month of Elul is our preparation for the days of awe. We begin with outward symbols, and move inward to acknowledge deepest desires and most sincere dreams.

For those of us with children, this sensory experience of taste, touch, smell, sound, and sight is an easy access point for Jewish learning. Our preschoolers come home from Chanen with apple stamps and songs about sweet honey. Our Hevre Religious School students hear the sound of the shofar in t'fillah. So many of our teens feel the honor of chanting Torah in the presence of their community on the holiest days of the year. Our youth has easy opportunities for engagement in the days of awe, from the inside out.

As adults, this time of year is harder. We might get stuck in accessories of the holy days: like planning meals, or arranging childcare. We may become bogged down by the logistics of managing our work schedules while also prioritizing the key moments of Jewish life. It might be lonely if our grown children are far away or uninvolved. The joyful ease of childhood can be harder to capture as we and our little ones grow into older, busier, more distracted adults.

But the High Holy Days come whether we are ready or not. They come whether we have cooked brisket or cut apples or heard the call of the shofar. They come whether we have noticed the ways we have missed the mark and whether or not we have made plans to do better. The New Year comes whether or not we have plans to acknowledge it. The community will gather whether or not we are a part of it. It is on us to fulfill the obligation of participation. It is on us to feel something.

As adults we still have the opportunity to engage every sense. To feel every emotion, taste every morsel, hear every prayer. But the difference is that no one will make the choice for us. No one will slice our apples or call our boss to arrange the time off. The work of connection to God, tradition, and community is ours alone.

#### With Elul approaching, consider:

What will you taste this high holy day season?
What smells will come from your kitchen?
What new melodies will you hear?
Who will you see around your table, in your row, on the bima?
And what will it feel like to know you are ready for all the new year has to offer?

If you have not yet made a plan to experience the High Holy Days, consider organizing your to-do list by senses. Let's learn ourselves the way we teach our children: how can we be fully engaged on the holiest days of the year? By considering every sensation we can be more fulfilled, more invested, and completely ready to enter 5783 together.

# WALKING IN THE GARDEN OF HIGH HOLY DAY MUSIC

BY CANTOR SETH ETTINGER

Picture yourself in a garden. In front of you stands a brick wall covered with a brilliant array of flowers. Each flower displays a unique color, shape and smell. Some flowers might be in a bunch and others will be on their own. Can you see the flowers? Now I invite you to survey the assortment and see if there is a flower that immediately catches your eye. If you have it, move a little closer and smell the flower. Is the scent sweet? Is it calming or overwhelming? What does that smell remind you of? Perhaps it is the same species of flower from your grandmother's garden who you were close with or it was part of the bouquet at your wedding. Try to hold on to how that memory is making you feel and if it gets too overwhelming, you can move on to a different flower or take a step back. Now repeat the process with one or two more. What made you choose this flower or flowers? If you haven't already, asses if this assortment contains your favorite flower. The one that you can smell for hours and this array would be incomplete without. What about this flower speaks to you? If that flower were removed from the garden would you ever visit the garden again or could you adopt a new favored flower in its stead?

In planning the High Holy Day musical liturgy each year, I am faced with the heavy task of deciding which settings will continue to be utilized to provide our congregation with a fulfilling emotional experience and which will be put on hold. Each piece, like a flower, has a unique vocal and instrumental coloring designed to instill a certain emotional response within the service participant. Most are emotionally pleasing, others are jarring and I strive to build the musical service based on a balanced emotional arc; the majority of which will appeal to all. That being said each person receives music differently and there are pieces, though loved by many, that have lost their spark and need to be temporarily substituted so as to continue to propel our congregation upward. It is a difficult decision to make as I know full well the attachment that some have to certain musical selections because these were part of the repertoire they grew up within their childhood

synagogues. Despite producing a magnificent musical experience for most, if one of our congregants does not hear their setting of B'Rosh Hashanah, their High Holy Day experience will be broken. To those who have experienced this to ome degree, I hear you, I see you, and I am you.



Taking this into account, this High Holy Days, there will be some newer selections replaced with older selections that haven't been sung since I arrived, and in other instances, there will be familiar selections that will be replaced with newer selections so as to bring us into a new heightened awareness of the text. I can't promise that you will hear the selection that is yours and if it so happens that yours is the one that might have been removed, I ask for your forgiveness and for your trust that it was done with the best of intentions. Like the farmers and gardeners in Israel that implemented shmita this year in which a portion of their land lied fallow, sometimes pieces need to take a break so they can be missed and better appreciated in their return. Perhaps the absence of a particular piece could cause one to have a new appreciation and love for a different piece causing them to experience a much more fulfilling High Holy Day season than ever before.

This High Holy Day Season I encourage all of us to open ourselves up to the possibility of resonating with a new piece of music so that we can take it home and continue to spread its sweetness throughout 5783. It might be hard at first, but we are not alone. We can and will do it together.

L'shanah Tovah U'Metukah,

Cantor Seth Ettinger

## **NEW TORAH COMING TO TOWN**



## **CBI ISRAEL TRIP HIGHLIGHTS**

**SUMMER 2022** 

























## A LETTER FROM CAMP STEIN

As we begin the High Holy Days, it's amazing to think that Camp Stein just completed our 47th summer of camp! The months of June and July were filled with laughter, high fives, making new friends (and friendship bracelets) and having the best time of our lives and we can't wait to go back!

Over 500 campers and staff members spent time at camp creating lifelong friendships and memories, in the Prescott Pines and on our BIG TRIP through Israel. For some it was their 1st, 5th or 12th summer, but there is always something special about coming back to camp each summer to make it it's own.

Our eldest campers took part in our Leadership Training Program (LTP), where they were able to take charge of camp for one night each session, leading Minions and Decades-themed "LTP Takeover" nights for our younger campers. Some campers went horseback riding for the first time, or tried archery, kayaking, or their other favorite camp activities. Some experienced their first Maccabiah (Color War) games and the feeling of finding out whether they would be on red or blue teams. Some campers achieved their first hole-inone on the Frolf (Frisbee Golf) course. Some campers had their first experience of being away from home. We hope that this summer was just the start of our campers' journeys at Camp Stein and that we can help them achieve the rest of their camp bucket list in many years to come. Wherever our campers and staff go (30 of our staff and alumni will join Jason for Birthright in Israel this December!), we know that Camp Stein will always be a place to call home.

Even though we've just completed our summer, we know that next summer is just beginning along with the New Year. We hope that our entire community will be able to experience a taste of camp, even from home. Check out our camp videos on the CBI YouTube page, including when we livestream Shabbat services from the beautiful Prescott Pines. Stay tuned for more to come in 5783! May this new year bring sweetness and joy to us all, and may we all experience more camp moments together!

Shana Tovah, The Camp Stein Team

Looking for the BEST way for your child to spend their summer?

Camp Stein Summer 2023 registration is NOW OPEN.







## A POST FROM CAMP STEIN

7/1/22

Shabbat Shalom from Camp Stein! As we head into the final Shabbat of the session, we are so grateful to spend Shabbat together one last time before saying l'hitra'ot (see you soon) to all of our camp friends on Sunday morning. We've had a meaningful week, filled with our final camp activities, including chug and hagigah, electives that campers chose, along with celebrating color war, Yom Yisrael, led by our Israeli staff. Our teams were Cheil Ha'avir (air force) vs Cheil Hayam (navy) and all campers and staff joined together in an exciting day of competitions -- sports, arts, dance, drama and more. Check out our Facebook page and CampInTouch photos to see more. We'll continue to post more photos of our end-of-summer activities as each unit spends time together, joining together tomorrow night in candle pass (sharing their highlights of the summer), Havdalah, specialist awards and our camp slideshow.

This week, our oldest campers, Leadership Training Program (LTP) took over camp, leading our younger campers in a night of fun Minions-themed programming. The LTP campers are busy at work for tomorrow's Cafe Stein. If you can keep a secret: the theme this year is Candyland, but don't tell your kids! They'll be surprised tomorrow morning at brunch when we "break" the program and let them know, so they can prepare and get ready to join together in our fun, festive end-of-summer banquet.

We're glad to have spent these final two week of camp back together -- no overnights and no COVID! We're looking forward to a special Shabbat all together, including an end-of-summer early 4th of July Carnival tomorrow and the chance to hear our LTP speeches of camp advice from our campers who in their last summer as campers.

We're looking forward to a great final two days of camp and can't wait to see everyone back next summer!

Shabbat Shalom!

The Camp Stein Team









## MISHPACHA PROJECT JEWISH FERTILITY **ASSISTANCE GRANTS**

Grants are available to non-member applicants.



Congregation Beth Israel is committed to the core Jewish value of building Mishpacha, with recognition of those families who are struggling with infertility. We recognize those struggling with infertility and the high cost of procedures by offering fertility assistance grants to enable individuals to achieve their dream of building a family through advanced fertility treatments such as intrauterine insemination and in-vitro fertilization.

> To apply or for more information visit: https://cbiaz.org/mishpacha-project-fertility-assistance-grants/ Watch the Video - https://bit.ly/CBIMishpacha

🖶 www.cbiaz.org 📞 (480)-951-0323 🖂 media@cbiaz.org

## **JEWISH HERITAGE SAILING TRIP**

Join Myra Orkin and Joanie Small as we sail along the Delightful Danube with a pre-cruise Prague experience. This spectacular river cruise includes 3 days/2 nights in Prague and 7 nights sailing through some of the most beautiful scenery in Europe. You will visit 5 UNESCO World Heritage and sites, includes 17 shore excursions and 20 amazing meals onboard your elegant ship. This cruise is a Jewish Heritage sailing, and you have the option of taking either the Jewish Heritage tours or the exciting ship tours.



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# 5783 HIGH HOLY DAY SERVICE SCHEDULE

Rosh Hashanah				
Sunday, September 25				
5:30 PM	Congregational Dinner			
7:30 PM	Erev Rosh Hashanah			
Monday, September 26				
9:00 AM	Tot Yontif Service			
	Suitable for ages birth to 5 years			
10:15 AM	Rosh Hashanah Morning Service 1			
2:30 PM	One Voice Family Service			
Suitable for all ages				
4:15 PM	Tashlich Service, Community-wide			
	Roadrunner Park			
Tuesday, September 27				

10:00 AM Rosh Hashanah Morning Service 2

	Yom Kippur					
Tuesday, October 4						
7:30 PM	Kol Nidre					
	Wednesday, October 5					
9:00 AM	Tot Yontif Service (0-5 years)					
10:15 AM	Yom Kippur Morning Service*					
2:30 PM	Text Study & Learning Session					
2:30 PM	One Voice Family Service					
3:30 PM	Healing Service					
4:30 PM	Yizkor Service					

Neilah Service & Havdalah

Orange Location - Congregation Beth Israel
Purple Location - Pilgrims Rest Baptist Church
\*Childcare Options Available

5:15 PM

Saturday, September 17	7:30 PM	Selichot Service
Saturday, October 1	10:00 - 12:30 PM	Shabbat Shuvah Meditation Service Personal Reflection @ Ark & Facilitated Mikvah w/Rabbi Mason-Barkin
Sunday, October 2	9:30 AM	Kever Avot Annual Memorial Service
		Beth Israel Memorial Cemetery, 35th Ave., Phoenix
Friday, October 14	5:00/6:15 PM	Tot-Shabbat + Sukkot + Dinner + Shabbat Service
Sunday, October 16	5:30 PM	Simchat Torah
		Intergenerational Celebration
Monday, October 17	10:00 AM	Shemini Atzeret Yizkor Service, Community-wide

Congregation Beth Israel - 10460 N. 56th St., Scottsdale Pilgrims Rest Baptist Church - 1401 E. Jefferson St., Phoenix

Tickets Required for all services unless otherwise noted - Ticket information at www.cbiaz.org

# 5783 HIGH HOLY DAY TICKETS & REGISTRATION

We welcome our family and friends to our High Holy Day services. We look forward to celebrating and praying with you in person and virtually.

#### **MEMBER TICKET INFORMATION**

High Holy Day tickets are complimentary with your 2022-2023 Congregation Beth Israel membership. Tickets will be available for all members in 'good standing'. 'Good standing' means that you're current in all membership contributions, fees, and tuition from the 2021-22 membership year (or have made payment arrangements) and are current on at least twenty-five percent (25%) of your membership payment for the 2022-23 membership year.

Children under the age of 18, students, or the military do not need tickets; children 26 and older need guest ticket (or their own membership).

#### **GUEST & COMMUNITY MEMBER TICKET INFORMATION**

Additional tickets are available for immediate family members, guests, and Community Members who would like to attend High Holy Day services. Community Members are individuals that have a current affiliation with Chanen Preschool, Hevre Religious School, or Camp Stein and/or the Big Trip. Special ticket pricing is available for our Community Members.

Looking to fully experience all things CBI during the High Holy days? Check out our new 'Experience CBI' package offerings. Join CBI for Adult Services, Rosh Hashanah Congregational Dinner, Family Services, Childcare, and much more. Find more details of each package below.

#### CHILDCARE AND YOUTH PROGRAMMING

Child care and Youth Programming are back! Child care (walking to age 5) and Youth Programming (K-3rd grade), will be available during morning services at Pilgrim Rest Baptist Church for both Rosh Hashanah and Yom Kippur. Pre-registration is required to ensure that we have adequate staff and provide a warm and nurturing experience for your child(ren). We will be unable to accept drop-ins.

Register for all ticket types at **bit.ly/CBI5783HHDTickets**. Tickets will be sent to you via email by September 19, 2022.

# 5783 HIGH HOLY DAY TICKETS & REGISTRATION

Experience CBI with our special High Holy Day Tickets and Packages. Special pricing available for our community members:

Current affiliation with Chanen Preschool, Hevre, Camp Stein, & Big Trip

## **INDIVIDUAL TICKETS**

- Ticket includes admission to all High Holy Day Services
- Special ticket discounts for CBI & community members
- Rosh Hashanah Congregational Dinner add-on available

#### YOUNG FAMILY PACKAGE

- Two (2) adult tickets to all High Holy Day services and celebrations
- Rosh Hashanah Congregational Dinner for two (2)
- Childcare (walking to 5-years) and/or Youth Programming (K-3) for up to three (3) children for Morning Services at Pilgrim Rest Baptist Church
- Tot Yontif and One-Voice Family Service at CBI
- Family High Holy Day activity box
- One Youth Machzor (High Holy Day Prayer Book), or PJ Library High Holy Day book
- · High Holy Day Gift

#### **EXPERIENCE CBI PACKAGE**

- Two (2) adult tickets to all High Holy Day services and celebrations (Children Included)
- Rosh Hashanah Congregational Dinner for four (4)
- One set of personal Machzor (High Holy Day Prayer Books), or PJ Library High Holy Day book

High Holy Day Gift





High Holy Day Information: www.cbiaz.org
Tickets and Registration: bit.ly/CBI5783HHDTickets

# 5783 HIGH HOLY DAY FREQUENTLY ASKED QUESTIONS

#### **PILGRIM REST**

## Why did we choose Pilgrim Rest to have in-person HHD Services?

Pilgrim Rest Baptist Church is a beautiful facility and a short 19-minute drive from CBI. When we started the planning process for the High Holy Days we were looking for a sacred space that:

- The ability to be together as one congregation.
- Having a sacred space to worship together but also be able to social distance.
- Providing a choice of services, programming, and locations to meet the diverse needs of our congregation.

Many of the venues considered, including Chaparral Christian Church that we have been at for the past 15 years, was either not available or did not meet the needs of our congregation. In addition, we have developed a wonderful and close relationship with the Pilgrim Rest community, and we are honored to share their spiritual home. We believe it is so critical in these times to develop strong relationships and partnerships.

## Who made the decision to go to Pilgrim Rest?

The recommendation was provided to the Board of Directors as well as a slate or Past Presidents by Clergy and CCEO.

## Will transportation be provided?

If there is enough interest in transportation from CBI to PRBC we will put together a shuttle service to help facilitate movement between the two campuses.

## **SERVICES & PRAYERBOOKS**

## Will there be virtual services?

All services will be live-streamed on YouTube and Facebook.

## What is the Tot Yontif Service and who is it geared toward?

The Tot Yontif service on Rosh Hashanah and Yom Kippur is for young families with children ages birth to 5 years. It will be a wonderful service filled with music and stories. High Holy Days Tickets are Required

# 5783 HIGH HOLY DAY FREQUENTLY ASKED QUESTIONS

#### **SERVICES & PRAYERBOOKS**

## Will prayer books be available for those choosing virtual services?

A limited number of Mishkan Hafanesh prayerbook sets will be made available for members to borrow. Prayerbooks can be checked out from the CBI front desk beginning August 16. As well, the Mishkan Hafanesh prayerbook is available for virtual access or purchase. The link and purchase information will be provided on our website.

## What is the One Voice Family Service and who is it geared toward?

The Family Service on Rosh Hashanah and Yom Kippur is an inter-generational service that will be held in the CBI Sanctuary with overflow seating in the Ballroom. It will consist of traditional prayers and celebrations as well as music and teachings appropriate for all family members (children ages 7 and above). Reservations will be required.

### **TICKETS**

## Can Guest tickets be purchased for Services?

We welcome all guests to join CBI for High Holy Days. Please purchase your tickets at the CBI website.

## **ROSH HASHANAH & YOM KIPPUR | Ticket includes Erev Rosh Hashanah and/or Kol Nidre**

A Guest ticket includes access to the evening and daytime services for either Rosh Hashanah and Yom Kippur.

## **FAMILY SERVICES | One Voice Family Service**

Rosh Hashanah-Monday, September 26th, 2:30pm & Yom Kippur-Wednesday, October 5th, 2:30pm A Ticket may be purchased for all services at the CBI HHD webpage.

## TOT YONTIF (RH or YK), TASHLICH, HEALING, YIZKOR, NEILAH & HAVDALLAH SERVICES

High Holy Day Tickets can be used for entry to all services. Reservations are required.

\*\*Guest Tickets purchased by non-members may be applied toward a New Member Contribution for the 2022-2023 fiscal year.



Established during the pandemic, the All For One campaign helped families struggling financially. It was our way of coming together during a difficult time to support each other and ensure membership continuity and accessibility. We are entering our fourth year, and the need is still present, if not more.

We sincerely thank you for your generous contribution to All For One in 5782. With over seventy percent participation, your gift enabled over sixty families to maintain their membership, provided religious school scholarships to many families, supported our youngest families with preschool scholarships, and helped send campers to Camp Stein for an impactful camp experience.

As we welcome 5783, we call on you again to give a *'gift of the heart'* to support our families that need help this year. Many families and individuals are struggling, and we hope you will consider increasing your gift from last year. If you have already donated, please consider giving just a bit more. In the words of Rabbi Moshe Druin, our beloved Torah Scribe, "the greatest gift of giving is to give again."

The three areas of focus as we look ahead to this year include:

- Continuing to support families with membership and scholarship gifts
- Expanding engagement efforts and outreach to those not connected or affiliated
- Funding the increasing cost of security to keep our members safe

The All For One aspiration is for all CBI members to participate, regardless of the size of their gift. Let us go ALL IN and make this our most successful year yet!

L'Shanah Tova

Visit www.cbiaz.org and All for One to make your donation today.



Many times during the year, members and friends tell us that they would like to contribute something to our congregation in honor or memory of a loved one or to mark a special occasion. The following list offers some suggestions to enhance our programs and services. Don't hesitate to suggest additional creative ways to strengthen our congregation and community. Please note the unique opportunities to contribute to the High Holy Days 5783 and start the new year with a bit of extra sweetness.

High Holy Days 5783		
Sponsor the Rosh Hashanah Bima Flowers	\$ 1,500	
Sponsor the Rosh Hashanah Congregational Dinner Flowers		
Sponsor Yom Kippur Bima Flowers	\$ 1,500	
Sponsor the Rosh Hashanah Oneg	\$ 720	
Sponsor the Break the Fast Treat		
Sponsor the Simchat Torah Oneg		
Underwrite the High Holy Day Congregational Gift		

Annual Wishlist		
Sponsor the Shabbat Nosh for one week \$10		
Sponsor the Shabbat Nosh for one month	\$ 360	
Sponsor a special Oneg Shabbat	\$ 540	
Sponsor a monthly Shabbat dinner	\$ 1,800	
Sponsor a week of LiveStream		
Underwrite the installation of safety bannisters on the Bima	\$ 2,500	
Underwrite one issue of the Chadashot, the CBI quarterly bulletin	\$ 1,800	
Sponsor the Annual Meeting breakfast	\$ 720	
Sponsor a Tot Shabbat / Hevre Dinner	\$ 540	
Sponsor a Helping Hevre Breakfast		
Sponsor a Ma'ayan Dinner		
Underwrite the Hevre Ceremonial Arts Program		
Underwrite a special Shabbat Musical Artist / Artist in Resident		

Wish List contributors will be recognized in the weekly e-newsletter and the Chadashot quarterly bulletin.

## **#WEARECBI**

## PICTURES FROM OUR CONGREGATION

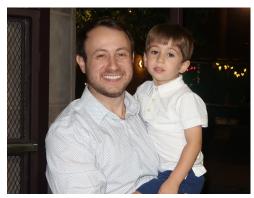
























## **MAZEL TOV**

Mazel Tov to long time CBI family member Rand Burke who was ordained as a "Rabbi in Israel" May 21, 2022. Proud family members include beloved wife Erev Rabbi Anna Burke, proud parents Jacki and Dr. Lance Cohen, sister Maddie Burke and Bubbie Yetta Gettleman.

We also celebrate the Rabbinic Ordination of Rabbi Tzvia Erin Rubens on May 21, 2022, the granddaughter of CBI family members Stuart Meyer (Patti Wiegler) and niece of Pamela Meyer and Bruce Meyer.

Emily Rose and Luke Oldacre were married this year in South Korea Daughter of Ira Rose and granddaughter of CBI member Irene Lubin.



## Ethan Wallach born October 18, 2021

Proud Parents: Leah Hill & Jonathan Wallack

Proud Grandparents: Vicki Wallach, Linda & David Hill

Proud Sister: Alexandria

## Riley Blake Goldstein born January 4, 2022

Proud Parents: Mandy & Chad Goldstein Proud Grandparents: Lisa & David Goldstein

Proud Aunt: Allie Goldstein

## Adam Hendeles born May 21, 2022

Proud Parents: Lauren & Zev Hendeles

Proud Grandparents: Irene & Jay Rosenblum

Proud Brothers: Eli & Max

## Baby Boy Sokol born May 26, 2022

Proud Parents: Tori & Michael Sokol

Proud Grandparents: Irene & Jay Rosenblum Proud Aunt & Uncle Lauren & Zev Hendeles

## Millie Stryke Bauman born on June 28, 2022

Proud Parents: Ashley & Zachary Bauman

Proud Grandparents: Caryn Balaban & Alvert Bick

Proud Sisters: Calli, Elli and Zoe

## **Grady Frank Bartels born on August 25, 2022**

Proud Parents: Lauren & Bobby Bartels
Proud Grandparents: Heather & Larry Fann,

Robert Bartels & Ann Bartels Tackett









## YIZKOR 5782



It is with our deepest sympathy that we note the passing of the following people who were recently laid to their eternal rest.



**Solomon Ahitow** 

**James Martin Andrews** 

**Candy Arthur** 

Myra Balaban

Ellen Denise Bedor

Lois DeMarco

**Beverly Fann** 

Floyd Fann

Alan Feldstein

Jerome Ferer

**Neil Folkman** 

**David Robert Geller** 

**Bernard Gross** 

**Irwin Harris** 

Murray Hollenberg

**Freddie Jacobs** 

**Eunice Kaplan** 

**Dennis Kolodin** 

**Gloria Lederman** 

**Louise Leverant** 

**Myron Michael Levy** 

**David Lorsch** 

**Harris Aaron Lowenthal** 

**Dorothy Mathews** 

**Lynelle Marcus** 

**Stephen Miller** 

J. Barry Moffitt

**Martin Rosenthal** 

**Hyman Segal** 

Claire Shapero

Mitchell Mike Shapero

Selma Shapiro

**Larry Elliot Singer** 

Joel Smeyne

Wilma Spritzer

**Riva Yares** 

"May you be comforted among the mourners of Zion and Jerusalem."

\*Due to HIPAA Laws, our clergy and staff are never notified by hospitals, hospices or rehabilitation centers of births, illness or deaths. Please help us stay informed by calling the office at 480-951-0323 with this important information.

"Whoever practices charity and justice fills the world with loving kindness" - Talmud: Sukkah

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## **B'NAI MITZVAH'S**



DREW YOGEL

Bar Mitzvah'd on October 28, 2021

Son of Lynne and Bruce Yogel and brother of Jacob and Zachary.





## **LUKE AND MARIN PITTINSKY**

B'nei Mitzvah'd on November 6, 2021
Children of Julie and Matthew Pittinsky and brother of Drew.
Luke is a student at Cocopah Middle School and enjoys weightlifting, soccer and video games. Marin is a student at Chaparral High School where she runs track and cross country.



MOLLY MAGID

Bat Mitzvah'd on November 6, 2021

Daughter of Dena and Seth Magid and is sister to Anry. Molly attends Arizona School of the Arts.



HAYDEN PUETZ

Bar Mitzvah'd on December 11, 2021

Son of Jill Rhodes. Hayden attends

BASIS Goodyear. A fan of gaming,
basketball, and his dog Shadow.



ZOE DRACHLER

Bat Mitzvah'd on November 27, 2021

Zoe is the daughter of Laura Drachler and sister to Max. Loves to dance and is a loyal camper at Camp Harry & Daisy Stein

## **B'NAI MITZVAH'S**









MISCHA, SADIE, ASHER, TALI STEIN

B'nei Mitzvah'd on November 13, 2021

Children of Jill and Jay Stein and Ioyal Camp Harry & Daisy Stein family members.

Students of Saguaro High School, New Way Academy and Brophy High School, the Stein children enjoy Cheer, Science, Dance and Sports.



BRAXTYN SIMMONS
Bat Mitzvah'd on January 22, 2022
Daughter of Tami and Ed Simmons
and sister of Xander. Attends Sonoran
Trails Middle School and enjoys
soccer, basketball and modeling.



SLOANE SCHULTZ

Bat Mitzvah'd on November 20, 2021

Daughter of Robyne and Marc and sister to Avery and Sutton.



GRANT KATAI

Bar Mitzvah'd on February 12, 2022

Son of Carrie and Dan and brother of Paige. Attends Sonoran Trails Middle School and enjoys tennis and video games.

## **B'NAI MITZVAH'S**







## JESSICA AND NOAH SHERMAN B'nei Mitzvah'd on February 19, 2022

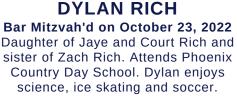
Children of Carol and Allen and younger siblings of Ilana. Students of Cicero Prep, Noah plays Club Soccer and Jessica is a competitive dancer.

ALEX GUSTAS

Bar Mitzvah on February 5, 2022

Alex is the son of Randi and Bruce and brother of Isabelle. Attends Explorer Middle School and his favorite subject is Math.







# A MESSAGE FROM THE CHANEN PRESCHOOL

BY SHALEEN HILL



As the High Holidays approach, our Chanen families are celebrating a new year filled with togetherness. We are thrilled to welcome parents back into the school as both volunteers and active participants in teaching our students what the High Holidays are and how we celebrate them. This Rosh Hashanah, we are looking forward to all that the new year will bring. We set a full curriculum for our students that encompasses all domains of Early Childhood.

Students will study the life cycle of an apple, participate in art activities with apples, and science experiments which include a taste test and graphing their results. As we discuss the aspects of the apple, we then focus on the shape of the circle. The circle is a continuous shape and represents the cycle of time. As we start the new year, we do it with the intent of being a community again. That every generation is a part of our school and our life. We invite parents and grandparents back into the school to read with the students, participate in arts and crafts, and rock the babies to sleep.

One of our goals for the new year is to teach gratitude for our food and how to make healthy food choices for our bodies. Our Chanen Garden is sustainable and filled with various healthy vegetables that our little gardeners will grow from seed to harvest.

Yom Kippur is a time of forgiveness. In Preschool we focus on what it means to say sorry and truly mean it. We will be having a food drive for Jewish Family and Children's Services to teach our students about tzedakah. Having compassion for those in need is a value we embrace and teach at an early age. In addition, we will discuss our gratitude for all that we are blessed with.

As the Director of Chanen, I celebrate new beginnings. My family moved to Arizona with faith and hope. We have been welcomed to Arizona and Chanen with open arms. I believe coming to Chanen was bashert. This year my intent is to be like Abraham, say little, do a lot.





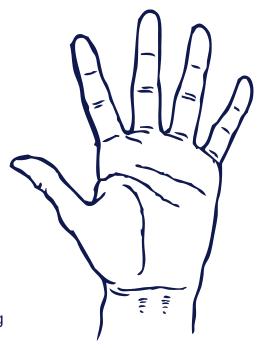


## **GAMES AND ACTIVITIES**

## Create a lasting Rosh Hashanah keepsake by making a family apple tree using your child's arm as the trunk.

- On a large piece of paper oriented vertically, trace your child's arm, hand and fingers.
- Color in the arm "trunk" and finger "branches" with brown paint, markers or crayons.
- Have your child, or each member of the family, dip their thumbs or fingers into red, yellow and green paints to represent different kinds of apples, and dab away until your tree is full of fruit.
- You can add family members' names to the branches to make the tree even more personal, or paint or draw larger apples to represent individual family members.

This is a meaningful project to repeat each year as your tree grows along with your child's arm!



## **Try Tashlich in the Tub**



Tashlich, the ritual ceremony that takes place in the afternoon of the first day of Rosh Hashanah, is a powerful opportunity for families to have a concrete experience of repentance. The actual ceremony involves casting breadcrumbs, which symbolize a person's sins, into a moving body of water, symbolically repenting for those sins and casting them away for a fresh start in the new year. Kids enjoy this ritual, and they can understand the idea that even though they have made mistakes, they can learn from their errors and try not to repeat them in the new year.

- Bring the spirit of tashlich into your home by using bathtub crayons or markers like these to re-enact the ritual at tub time.
- If your child can write, they can write brief descriptions of their mistakes ("forgot to share," "was unkind to David") on the bathtub or the bottom edge of the tile wall.
- Drawings of the playground where Alyssa pushed a friend, or the dinner table where Jon threw spaghetti, can also be used to depict the mistakes kids have made.
- Have your child swirl a washcloth around in the water to mimic the moving waters of traditional tashlich, and invite them to wash their mistakes away.
- Point out how fresh and clean the tub looks, and remind them that Rosh Hashanah is a chance for a similar fresh start.

WWW.JEWISHBOSTON.COM/READ/10-ACTIVITIES-FOR-MEANINGFUL-HIGH-HOLY-DAYS-WITH-KIDS/

## ROUND CHALLAH RECIPE

## BY EMILY PASTER FROM WEST OF THE LOOP

## Ingredients

- 4 cups bread flour (20 oz)
- 21/4 tsp. active dry yeast
- ¼ cup sugar
- 3 eggs at room temperature
- 1 cup warm water (110-120 degrees)
- ¼ cup vegetable oil
- 1 tsp salt





## **Directions**

- 1. In the bowl of a standing mixer fitted with a dough hook, combine the flour, yeast and warm water. Stir to combine.
- 2. Add the sugar, 2 of the eggs, vegetable oil and salt.
- 3. Mix the dough with the dough hook until a smooth dough emerges, about five minutes.
- 4. Turn the dough out onto a well-floured board and knead by hand for an additional five minutes. The dough should be smooth, elastic and not sticky.
- 5. Place the dough in a bowl that has been oiled on all sides. Cover the dough with a clean cloth and allow it to rise in a warm place for two hours or until doubled in size.
- 6. Punch down risen dough and, if braiding, divide into four equal parts. (I like to use my kitchen scale to ensure my pieces are of equal size.)
- 7. If forming a spiral, roll dough into a long, thin strand and shape into a spiral.
- 8. For braid, roll each piece into a long, thin strand 26-28 inches long.
- 9. To braid the challah, place two of the strands next to each vertically on a board. Weave the remaining two strands horizontally over and under the vertical strands. The result should look like a plus sign with no spaces between the strands. There should be two strands pointing in each direction.
- 10. For each direction, take the strand on the left and cross it over the strand on the right leaving no space between the strands.
- 11. Next, do the same action going the opposite direction.
- 12. Repeat crossing the strands over each other, alternating directions until you run out of dough. Take the ends and pinch them closed and tuck the under the loaf.
- 13. Carefully transfer the braided loaf to a baking sheet lined with parchment paper or a Silpat baking mat.
- 14. Cover the loaf and allow to rise an additional 30 minutes to one hour.
- 15. Preheat the oven to 350.
- 16. Before placing the loaf in the oven, beat the remaining egg in a small bowl. Brush the egg wash on the challah, making sure to get in the crevices of the braids.
- 17. Bake 35 minutes until golden brown.
- 18. Allow to cool on a wire rack prior to cutting.

www.westoftheloop.com/2014/09/11/round-challah-rosh-hashanah/

## MAKE SHOFAR AT HOME

During Rosh Hashanah a Shofar, traditionally made from a hollowed-out rams horn, is blown to awake and inspire. The Shofar is such an important part of this holiday that sometimes Rosh Hashanah is called Yom Teruah, which means "day of the Shofar blast" in Hebrew.

## **Supplies needed:**

- 3 toilet paper rolls per horn
- · a party horn
- · masking tape
- glue
- water
- paintbrush
- sponge
- scissors
- white and brown paint





- 1. Start by cutting all they way across one roll lengthwise.
- 2. Remove fringe or cardboard from the party horn so you are only left with the plastic noise maker. Wrap the cut cardboard tube around the plastic noisemaker.
- 3. Fasten cardboard to plastic noisemaker securely with masking tape.
- 4. With the other two rolls fold the edge to make a pleat in the bottom side. You are making the bottom small enough to fit inside another roll. This will give the Shofar a nice curve.
- 5. Place the tubes inside each other.
- 6. Paper maché the toilet paper rolls with long strips of paper and a mixture of equal parts water and glue. If you want to forgo the mess, simply wrap the toilet paper rolls with masking tape.
- 7. Allow the paper maché to dry completely. Paint with white paint. While white paint is still wet, sponge on some bits of brown paint and mix and smudge lightly to give the horn "realistic" color and dimension.
- 8. Finished! Now you can listen to your Tokea (which literally means 'blaster' and is the name for person who blows the horn).



templejeremiah.org/make-your-own-shofar/#

## **CANDY TORAH**

Engage your young children with the meaning of Simchat Torah. Ask them to make these "Torah Scrolls." The "covers" can be decorated with sparkles or stickers. Your kids can also turn these Torah treats into place-card holders - ask them to write each guest's name on the outside, and maybe a sweet message on the inside.

## **Ingredients:**

- Rolls of candies, such as Smarties or Fizzers
- Construction or colorful paper
- Strips of ribbon

## **Directions:**

- 1. Cut paper into strips 4 ½ inches long and 2 inches wide.
- 2. Roll 2 packs of candy into the paper.
- 3. Tie with ribbon.





https://reformjudaism.org/jewish-holidays/shmini-atzeret-and-simchat-torah/candy-torah-scrolls

## **ROSH HASHANAH HAIKU**

Please participate in our High Holy Days Haiku Project.

Write a Haiku about High Holy Days and send it to us for inclusion in our next publication.

Please submit your entries to Media@cbiaz.org.

## **Haiku Rules:**

- There are only three lines, totaling 17 syllables. The first line is 5 syllables.
- The second line is 7 syllables.
- The third line is 5 syllables like the first.

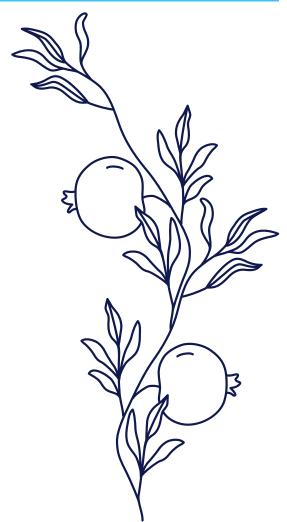
## Here are a couple of examples of some Haikus that others have done to celebrate the days of awe:

Forgive me, I've sinned I've hurt myself and others Today I atone.

I started my fast The only one in the house Someone made popcorn

Shema Yisrael Adonai Eloheinu Adonai Echad

Fish avoid the net sun glints off running water breadcrumbs cast away –Steven Wittenberg



## **CALENDAR**

	September		December
9/17	Slichot	12/1	Book Club
9/20	Introduction to Judaism	12/2	Scholar in Residence -Rabbi Abrahamson
9/22	Book Club	12/3	Scholar in Residence -Rabbi Abrahamson
9/25	Erev Rosh Hashanah	12/4	Scholar in Residence -Rabbi Abrahamson
9/26	Rosh Hashanah - Day 1	12/6	Introduction to Judaism
9/27	Rosh Hashanah - Day 2	12/7	Lunch & Learn
	October	12/13	Introduction to Judaism
4014		12/16	Shabbat Hevre
10/1	Shabbat Shuva	12/17	Phoenix Sings
10/2	Kever Avot		Camp Stein Reunion
10/4	Kol Nidre Yom Kippur	I	
10/5 10/11	Yom Kippur Introduction to Judaism		January
10/11	Lunch & Learn	1/10	Introduction to Judaism
10/12	Tot & Hevre Shabbat	1/12	Book Club
10/14	Simchat Torah	1/17	Introduction to Judaism
10/18	Introduction to Judaism	1/24	Introduction to Judaism
10/20	Israel Meeting	1/31	Introduction to Judaism
10/25	Introduction to Judaism	tbd	Scholar in Residence - Rabbi Cohen
10/27	Book Club		Falaman,
10/28	Introduction to Judaism		February
		2/2	Mostly Kosher
	November	2/23	Book Club
11/1	Introduction to Judaism		March
11/8	Introduction to Judaism	2/2	
11/7-17	Israel Pilgrimage with Pilgrim Rest	3/2	Scholar in Residence - Dara Horn
11/15	Introduction to Judaism	3/30	Book Club
11/15	ntroduction to Judaism		May
11,20		5/4	Book Club

5/19-5/21

**Adult Retreat** 

חדשות CBI

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www.cbiaz.org



CONGREGATION BETH ISRAEL'S
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## **COMING NEXT ISSUE:**

CENTENNIAL YEAR IN REVIEW •

WHAT'S NEW IN CBI YOUTH • ADULT LEARNING

MEET THE BOARD • HANUKKAH

THANKSGIVING MEAL DRIVE • MEET OUR NEW MEMBERS

CAMP LIFE

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