

Guidelines & Protocols for Public Worship at High Holy Days 5781

To ensure our members, clergy and staff may worship in a safe and healthy environment, we are taking an “above and beyond” approach to comply with local and state guidance. If you will be attending Services at Congregation Beth Israel, we ask that you fully comply with all guidelines and requirements, keeping in our core value of *Kedushah* (“Holiness”). **This includes wearing a mask fully covering your mouth and nose, remaining at least eight feet apart from anyone outside of your family unit, signing a liability release waiver and following all instructions upon check in.**

This plan for reopening for worship was created in consultation with medical professionals, including those who specialize in epidemiology and have been providing treatment to patients with COVID-19. We have included (and exceeded) detailed guidance from the [Center for Disease Control](#) and [Arizona Department of Health Services](#) along with following the Governor’s most recent Executive Orders.

Our protocols will be strictly enforced; anyone who cannot comply will not be permitted to attend. If we are unable to achieve compliance and/or if community spread of Covid-19 increases significantly above current levels in Maricopa County, the synagogue will close again until it is deemed safer.

Guidelines/Protocols

1. Services will be held in the Goldsmith Sanctuary and will be limited to 60 members in good standing who pre-register. You will be asked to rank your preference (1-4) for the Services you wish to attend. In the event we receive more than 60 requests to attend any particular Service a “lottery” system will be used.
2. We highly recommend that anyone who is sixty-five (65) years or older, considered “high risk” or might be at “increased risk” per the [CDC Guidelines](#) should not attend Services. Risk factors include:

High Risk:

- Cancer
- Chronic kidney disease
- COPD (chronic obstructive pulmonary disease)
- Immunocompromised state (weakened immune system) from solid organ transplant
- Obesity (body mass index [BMI] of 30 or higher)
- Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Sickle cell disease
- Type 2 diabetes mellitus

Increased Risk:

- Asthma (moderate-to-severe)
- Cerebrovascular disease (affects blood vessels and blood supply to the brain)
- Cystic fibrosis
- Hypertension or high blood pressure
- Liver disease
- Immunocompromised state (weakened immune system) from blood or bone marrow transplant, immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines
- Pregnancy



- Neurologic conditions, such as dementia
 - Smoking
 - Thalassemia (a type of blood disorder)
 - Pulmonary fibrosis (having damaged or scarred lung tissues)
 - Type 1 diabetes mellitus
3. Pre-registered congregants will receive a confirmation email indicating the predetermined time at which they may enter the synagogue. Entrance to the synagogue will be limited to groups of 10 at a time (socially distanced with masks required).
 4. Upon arrival, congregants will first visit a screening station for a temperature and general welfare check. Congregants with a temperature of over 100.4 degrees, or have traveled on a commercial airplane within the past two weeks, have been exposed to someone with Coronavirus within the past two weeks, and/or who are experiencing coronavirus-related symptoms will be asked to return home.
 5. Congregants are requested to maintain at least 8 feet from those who do not live in their household at all times. We will not be able to permit any “schmoozing” once you enter the building. Congregants will be seated by a member of our staff directly to their assigned seats and return directly to their cars upon exit.
 6. Congregants must bring a mask from home and wear it inside the synagogue at all times (fully covering your mouth and nose). Masks with valves cannot be worn. If you do not bring a mask, one will be provided for you.
 7. Food or drink (other than a personal water bottle) are not permitted in the building; there will be no “*nosh*” before Services and no “*oneg*” following Services.
 8. *Machzorim* (HHD Prayer Books) & *Siddurim* (Prayer books) and *Tallitot* (Prayer Shawls) **will not be made available** for use at Services. However, you may bring your own Tallit and utilize the following options for prayer books:
 - ✓ Bring the copy of the Prayer books provided with your High Holiday Gift boxes.
 - ✓ Use the CCAR “Flip Book” edition of the Machzor on your individual tablet or iPhone.
 - use [this link](#) for Rosh Hashanah
 - use [this link](#) for Yom Kippur
 - ✓ Prayer books may be purchase through the CCAR Publication [link](#)
 9. All chairs, exposed surfaces and worship areas will be cleaned between all Services. One set of restrooms will be open) off the hallway of the Diamond Rotunda. Restrooms will be sanitized by a member of our staff between uses.
 10. Congregants will be required to sign a Liability Release Waiver prior to attending services. Please download the [waiver](#), sign and email to rroeder@cbiaz.org or bring with you to services.

Thank you for your cooperation and support as we join together for the High Holy Days

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